

# Moved by Bikes Dog Runner



**Congratulations on your purchase of the best dog running attachment on the planet! The Moved By Bikes Dog Runner has been designed to allow you to ride safely with your dog, to be quick and easy to remove from your bike with no tools, and to be highly adaptable to just about any bike.**

**The bars provide a secure mounting point at the front of the bike (where your best friend wants to be), a bar to block them from running into the front wheel, and the quick release means you can easily remove the bars when not in use. Ride safe with your pup.**

## DISCLAIMER

Riding a bicycle is an inherently dangerous activity. Riding with a dog further increases your risk of injury and should be done with the greatest of care. Be sure that you maintain your bicycle and check bolts on the racks as well, as they may loosen up over time. Always ride under control, be alert, and follow the rules of the road. The racks are not intended for aggressive riding of any kind.

## QUICK AND EASY MOUNTING TO YOUR BIKE

See reverse side for quick and easy installation instructions. The racks are designed to attach to a wide variety of bicycle types, with the primary mounting point being the front head tube. We do not recommend installing on carbon fiber or lightweight aluminum racing frames as the clamps may crush the frame.

## TOOLS

The primary tool needed for installation is a 10mm wrench. In some cases a 3mm alley key may be required. Some installations may require U-bolts to be trimmed with a saw or other cutting tool. As a best practice, we recommend application of anti-seize or grease to all hardware during installation, particularly to avoid galling of the hardware.



**1.** Attach a short leash (about 8–10" long) to your dog's harness or collar. A clip at one end of the leash is preferable but not necessary.



**2.** Clip the leash to the Dog Runner BEFORE you install the Dog Runner on the bike.



**3.** Walk your dog with the Dog Runner bar to get him or her used to it.



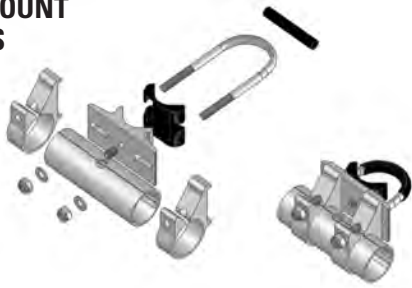
**4.** When you are ready, clip the Dog Runner into the bike frame. It's often easier to clip your dog to the Dog Runner first, THEN clip into the bike mount.



**5.** Walk your bike with your dog first, when he or she gets the hang of it, ease into riding. Some dogs pick it up right away but others will need more time. Go easy, and talk them through it!

# DOG RUNNER INSTALLATION

## HEAD TUBE MOUNT COMPONENTS



## HEAD TUBE MOUNTING LOCATION



**1.** Identify the head tube assembly and remove the U-bolt (remove the nuts).



**2.** Loop the U-bolt around your head tube. There are three sizes. Use the smallest that fits.



**3.** Place the saddle on the head tube. Loosen the set screw. Leave the rubber cover on to protect paint, or remove it for better clamping.



**4.** Replace the tube clamps on the U-bolt.



**5.** Slide the mounted tube into the tube clamps.



**6.** Reinstall the washers and nuts and tighten with a 10mm wrench.



The racks tubes come in two pieces. Assemble the U-shaped lower tube into the foam covered end of the L-shaped upper tube.

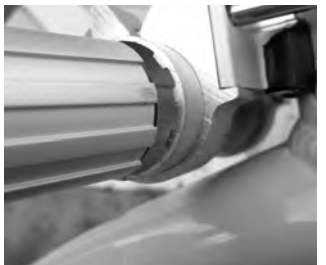


The pins can be aligned at five different height settings. Start with the middle hole, then adjust to the appropriate height for your dog. Eyelet on runner should be close to level with dogs collar.

**Note:** To use the top two holes, you will need to remove some foam from the lower tube.



Install the rack tube into the mounted tube by lining up the splines and sliding it in until the push button locks in the mounting-tube hole. That's all there is to it—you're ready to ride!



- **Not advisable for use with older cantilever-style front brakes.**
- If your frame has a head badge, we recommend removing it for best clamp function.
- **After installation, check handlebar rotation to ensure that cable housing will not catch on mounted tube assembly or rack.**
- On some frames, it is possible to clamp to the back side of the head tube. This is particularly helpful if you have a front basket.

## RIDING WITH YOUR DOG

Tie in a short leash (8–10" long). **EASE into it.** Your pup will need some time to get the hang of things. Take turns very slowly at first and gradually increase your mileage from very short rides.

### Please follow these common-sense guidelines for your dog's comfort and safety:

- For your dog's safety, adjust your speed to a comfortable pace for you dog.
- Make sure you are attentive to your dog's need to stop, sniff, relieve him/herself.
- Bring water for your dog, even after a short run. Make sure your dog has plenty of opportunities to hydrate and rest.
- Please make sure your dog is fit enough for the Dog Runner. Check with your vet if you are unsure.

